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Festival of Leo



Keynote – Leo:

"I am that and that am I."

I = Soul

"Leo is of paramount control in the life of the aspirant. He has to know himself through true self-awareness before he can know that divine spirit which is his true Self and know also his fellowmen. The keynotes of this sign sound out the note of individuality and of true self-consciousness. The only true self conscious person is the one who is aware of purpose, of a self directed life and of a definite life plan and programme.

The particular quality and effect of Leo stimulates the soul in man, the spiritual consciousness. Under the influence of this sign the disciple can indeed say: I am the soul. As the soul I serve the purposes of the Plan. As the soul I am the consciousness of the indwelling Christ. As the soul I can touch the solar centre, the source of life and love and light. As the soul I can transmit these potencies and touch the soul in others. As the soul I can lift, redeem and transform, according to Plan."

Festival of Leo

The full moon Festival occurs this month in the sign of Leo. Leo therefore qualifies the energy flow through our solar centre, the Sun. It conditions the type of energy we can receive and distribute in meditation. At the Festival last month the energy of Cancer influenced the mass consciousness of humanity, arousing the tendency towards self-consciousness. In Leo the individual becomes fully self-conscious, self-aware and selfserving, until eventually, through experience and growth, the tendency towards group consciousness emerges, superseding self-centredness. This development is always due to a growing sensitivity to the influence of the soul.

The disciple in Leo becomes increasingly conscious of the higher self, the soul, gradually moving into that condition of complete soul infusion, characteristic of the decentralised world server. When we know what forces are available and what their effects should be in human consciousness, we can work with intelligence and love to help establish those effects by the accuracy of our orientation in meditation. Our occult work with energy creates the even-armed cross, the symbol of the disciple and the server in the new era of Aquarius.

Vertical penetration in consciousness, as we open up our channel of alignment in meditation, must be balanced by the horizontal transmission of energy according to the theme and objective of our work. This necessary balance also depends on the way we live our daily lives. In other words, subjective work must be fully paralleled by its objective application.

The energy available in meditation at each full moon Festival stimulates the human soul. This particular quality and effect of Leo leads the self-conscious individual towards the group-conscious soul. Only the soul is group conscious. Only the soul can transform selfish and separative attitudes of mind and heart. Only the soul can know the Plan in all its beauty and only the soul can inspire the human mind with that knowledge.

Leo stands in a unique relationship to the sun at the heart of our solar system. The planetary and systemic alignment established at this Festival is a heart/soul alignment. The heart of humanity, the heart of the planet —the spiritual Hierarchy—and the heart of the sun, create the channel which extends to Sirius, that great "star of initiation" within the universe. Sirius has a unique relationship with our planet Earth and through Sirius the pure energy of

love flows through the solar centre and into the planetary heart. This alignment, established at the time of the Leo full moon, is evocative of the cosmic principles of Love and Freedom, both of which flow through Sirius and Leo into our range of awareness. These two principles are making an increasing impact on human consciousness, affecting all areas of life.

As we seek to work with these energies and to co-operate with the spiritual Hierarchy of the planet, the result should be the increasing manifestation in humanity of the principle of Love and the freeing of human life from the bondage of materialism and all that tends to imprison the human spirit.

As to the soul, the disciple can respond to the challenge thrown out to those who seek to serve the Plan during this epoch of crisis in human history — a challenge put into these words by one well known teacher: "Let all who seek to help consider with care what they can do and what is the contribution which they can make. Let them weigh up after due thought what they can sacrifice and in what manner they can submerge their normally selfish personalities in this great push on the part of Hierarchy, of the new group of world servers, and of the men & women of goodwill throughout the

world. The barriers which separate person from person and nation from nation can go down. The Spirit of Peace can become so potent that naturally and sweetly the necessary adjustments can be made. The illumination of the minds of humanity and the renewed organisation of human efforts to brotherhood can be stimulated into fresh and increased activity."

The keynote of the disciple in Leo, which we can take into our meditative thought as a seed idea, is:

"I am That and That am I".

I am the soul, the relation between the divine aspect of humanity and the material form, the personality on the physical plane. Through repeated experience under the influence of Leo, the disciple can indeed say: "I am the soul. As the soul I serve the purposes of the Plan. As the soul I am the consciousness of the indwelling Christ. As the soul I can touch the solar centre, the source of life and love and light. As the soul I can transmit these potencies and touch the soul in others. As the soul I can lift, redeem and transform, according to Plan."

Full Moon Meetings - Leo

We encourage you to link in with the Full Moon Meeting being broadcast from London on Friday 8th August at **6:30 pm**

Please use this link to access the broadcast https://www.lucistrust.org/broadcast

If, for any reason, you are unable to access the broadcast from London, simply link in subjectively to the meditation at the same date and time.

The purpose of this meeting is group meditation as an act of co-operation with the Plan of Hierarchy for humanity. At the time of each full moon Festival, energy qualified by the constellation influencing the period flows into the range of human awareness, establishing the divine attributes in human consciousness. This spiritual inflow can be channelled in meditation into the minds and hearts of men and women everywhere. The technique of meditation governs all expansions of consciousness, all registration of Plan and Purpose and the entire process of evolutionary unfoldment.

Keynote - Leo: "I am that and that am I."

The **Leo** full moon occurs on Sat 9th August at 8:55 am

A selection of Alice Bailey Books are available in the following bookshops

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